

score card



COACH _____

PLAYER _____

DATE
ROUTINE

attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts			
1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6
2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7
3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8
4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9
5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10

DATE
ROUTINE

attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts			
1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6
2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7
3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8
4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9
5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10

DATE
ROUTINE

attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts		attempts			
1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6
2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7	2	7
3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8	3	8
4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9	4	9
5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10	5	10

Use this score card always. So that you will see your improvements. Make a copy.